

PRAYERS FOR THOSE SUFFERING FROM EXTREME HEAT



Christian Prayer

Heavenly God, we seek Your protection from extreme heat and the dangers it brings. Knowing that this heat is intensified by climate change, we ask that You shield all from harm and provide relief to those suffering and at greatest risk, especially the elderly, infants, expectant mothers, and those with pre-existing health conditions. Grant wisdom and resolve to our leaders to stop new fossil fuel development, accelerate the development of clean energy, and devote resources to cooling centers, regular breaks for outdoor workers and other protections so that all may live safely and sustainably. Inspire us all to act for Your creation, for “The earth is the Lord’s, and everything in it, the world, and all who live in it” (Psalm 24:1). We pray in the name of Jesus, who upholds the dignity of those who suffer and who insists on justice for all.
Amen.



Jewish Prayer

Adonai our God, spread a canopy of peace over us. Shelter us in the shade beneath your wings, and shield us from the intense heat and the sickness it can cause. Though we are responsible for the rising temperatures, please send relief to those among us in distress, especially the elderly, infants, expectant mothers, and those with pre-existing health conditions. Guide our leaders to stop new fossil fuel development. Accelerate the development of clean energy. Devote resources to cooling centers, regular breaks for outdoor workers and other means of protection so that all may live safely and sustainably. Help us to be stewards of your Earth, to preserve it for future generations and to exalt the words of the Psalmist in recognizing that, “The earth is the Lord’s and all that is in it, the world, and those who live in it” (Psalm 24:1). Blessed are you Adonai, who spreads a shelter of peace over us and over all of creation.
Amen.

Modeled on the Hashkiveinu, whose main themes are shelter, shade, and protection



Muslim Prayer

O Allah, we seek Your protection from the severe heat and its dangers, knowing that this heat is intensified by climate change. Grant us relief and safeguard our health, especially the elderly, infants, expectant mothers, and those with pre-existing health conditions. Guide our leaders to stop new fossil fuel development, accelerate the development of clean energy, and devote resources to cooling centers, regular breaks for outdoor workers and other means of protection so that all may live safely and sustainably. Inspire us to be responsible caretakers of Your creation, as it is stated in the Quran, "It is He who made the earth manageable for you, so traverse its regions and eat of His provision" (Quran 67:15). Bestow Your mercy upon us and the world. Ameen.



Hindu Prayer

O Lord Vishnu, protector of the universe, we seek Your blessings and protection from the scorching heat and its harmful effects, understanding that this heat is exacerbated by climate change. Provide relief to those who suffer, especially the elderly, infants, expectant mothers, those with pre-existing health conditions, and all sentient forms of life. Guide our leaders to stop new fossil fuel development, accelerate the development of clean energy, and devote resources to cooling centers, regular breaks for outdoor workers and other means of protection so that all may live safely and sustainably. Inspire us to live in harmony with nature and to safeguard the Earth, as the Bhagavad Gita teaches, "The Supreme Lord is situated in everyone's heart, O Arjuna, and is directing the wanderings of all living entities" (Bhagavad Gita 18:61). Om Shanti, Shanti, Shanti.



Buddhist Prayer

This precious Earth, our home, is experiencing extreme heat due to human-caused climate change. May our actions be of benefit. May all beings find relief from suffering, especially the elderly, infants, expectant mothers, those with pre-existing health conditions, and all sentient forms of life. May our leaders stop new fossil fuel development, accelerate the development of clean energy, and devote resources to cooling centers, regular breaks for outdoor workers and other means of protection so that all may live safely and sustainably. May we mindfully care for the Earth and all its inhabitants. May peace and wisdom prevail.